

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Wesley Meals – October 2013</b> <b>\$3.00 Voluntary Donation</b>	<b>1</b> Grilled Chicken w/Mandarin Glaze & Brown Rice Diced Carrots Oriental Vegetables Grape Juice Pear Cup Goldfish Cheese Crackers	<b>2</b> Lasagna Roll w/Meat Sauce Winter Mix Vegetables Green Beans Fresh Fruit Pudding Cup 1 Slice of Bread	<b>3</b> Chicken Strips Peas & Onions Sweet Potatoes Pineapple Cup Oreos 1 Slice of Bread	<b>4</b> Fish Patty w/Cheesy Rice Succotash Mixed Greens Raisins 1 Slice of Bread
<b>7</b> Sloppy Joes Broccoli Cheesy Potatoes Fresh Fruit Fruit Roll UP 2 Slices of Bread	<b>8</b> Salisbury Steak w/Gravy Sweet Potatoes Mixed Vegetables Mixed Fruit Cup Fig Cookie 2 Slices of Bread	<b>9</b> Chicken Parmesan Linguini Green Beans Muffin Tropical Fruit Juice	<b>10</b> Fish Sticks Macaroni & Cheese Spinach Orange Juice Cinnamon Applesauce 1 Slice of Bread	<b>11</b> Hot Dog Baked Beans Peas & Carrots Pudding Fresh Fruit Cranberry Juice 1 Slices of Bread
<b>14</b> Beef Stroganoff Wax Beans Carrot Coins Mixed Applesauce Doritos 1 Slice of Bread	<b>15</b> Italian Chicken Rotini Noodles Green Beans Corn Mandarin Orange Cup Shortbread Cookie	<b>16</b> Grilled Chicken w/BBQ Sauce White Rice Scandinavian Veg. Grape Juice Peach Cup Goldfish Cheese Crackers	<b>17</b> Crab Cake Cream Corn Cheesy Potatoes Brussels Sprouts Cheese Crackers 1 Slice of Bread	<b>18</b> Country Fried Steak w/Gravy Mashed Potatoes Peas Apple Juice Sugar Cookie 1 Slice of Bread
<b>21</b> Chicken Teriyaki Brown Rice Oriental Vegetables Cauliflower Fresh Fruit Shortbread Cookie	<b>22</b> Meatloaf w/Gravy Mashed Potatoes Succotash Apple Juice Goldfish Grahams 1 Slice of Bread	<b>23</b> Breaded Chicken w/Gravy Diced Potatoes Spinach Mixed Fruit Cup Pop-Tart	<b>24</b> Meatballs & Spaghetti Mixed Vegetables Apple Crisp Chewy Chocolate Chip Cookie 1 Slice of Bread	<b>25</b> Pork Chop w/Gravy Stuffing Carrot Coins Green Beans Pineapple Cup Apple Juice Cereal Snack Pack
<b>28</b> Cheeseburger Lima Beans Sautéed Diced Potatoes Mixed Fruit Cup Two Slices of Bread	<b>29</b> Grilled Chicken w/Mandarin Glaze & Brown Rice Diced Carrots Oriental Vegetables Grape Juice Pear Cup Goldfish Cheese crackers	<b>30</b> Lasagna Roll w/Meat Sauce Winter Mix Vegetables Green Beans Fresh Fruit Pudding Cup 1 Slice of Bread	<b>31</b> Chicken Strips Peas & Onions Sweet Potatoes Pineapple Cup Oreos 1 Slice of Bread <b>HAPPY HALLOWEEN!</b>	