

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chicken Parmesan Spaghetti Green Beans Vanilla Pudding Fresh Fruit Cranberry Juice 1 slice of bread	Hamburger Tater Tots Glazed Diced Carrots Cereal Tomato juice 2 Slices of Bread	Stuffed Shells w/ marinara Carrot coins Spinach Fresh fruit Oreo cookie 1 slice of bread	Ham Slice Pineapple Glaze Mashed Sweet Potatoes Mixed Greens Sun Chips Raisins 1 slice of Bread	Beef Nacho w/ Shredded Cheese Cilantro/Tomato Rice Black Bean Corn Cereal Snack Peach cup Tortilla chips
9	10	11	12	13
BBQ Pork Succotash German Potato Salad Mandarin orange cup 1 slice of bread	Chicken Nuggets Rice Pilaf Broccoli Fresh fruit Tropical juice Peanut butter Cereal bar	Salisbury Steak w/ onions and gravy Mashed potatoes Peas & Carrots Club crackers Fresh fruit 1 slice of bread	Spaghetti w/ meat sauce Green beans w/ green pepper Peach crisp Pineapple cup Chocolate chip cookie 1 slice of bread	Hot Dog Baked beans Pudding Peas & Carrots Cranberry juice Doritos 1 slice of bread
16	17	18	19	20
Meatloaf w/ ketchup Mashed potatoes Green beans w/ onions Gold fish crackers Apple juice Mixed fruit cup 1 slice of bread	Pork Rib Mac & Cheese Mixed greens Peanut butter Pear cup Grape juice 1 slice of bread	Chicken Alfredo Linguini Peas Peach raspberry crisp Cereal bar Fresh fruit 1 slice of bread	Italian Chicken Elbow noodles Diced carrots Apple crisp Grape juice 1 slice of bread	Meatballs w/ gravy Egg noodles Corn Green beans Fig cookie Pineapple cup Fresh fruit
23	24	25	26	27
Cincinnati Chili Spaghetti Kidney beans Ginger peaches Mixed fruit cup 1 slice of bread	Lasagna Roll Marinara Sauce Spinach roll Peach crisp Strawberry applesauce 1 slice of bread	Country Fried Steak w/ gravy Diced potato Mixed veggies Fruit bar Pear cup 1 slice of bread	Chicken Teriyaki Brown rice Diced carrot Broccoli Shortbread cookie Raisin Cranberry juice	Italian Chicken Elbow noodles Diced carrot Apple crisp Grape juice 1 slice of bread
30	JULY 1	2	3	4
Chicken strips w/ sweet and sour White rice Scandinavian vegetables Peach cup Raisins 1 slice of bread	Pork Chop w/ gravy Sweet potato Diced beets Cinnamon applesauce 1 slice of bread	Sloppy Joe German Potato Salad Winter mixed vegetables Mixed fruit cup Grape juice Fig cookie	Ham Slice w/ mandarin sauce Mixed greens Sweet potato Peanut butter cookie Apple juice 1 slice of bread	Happy 4th! Wesley Closed BBQ Chicken Cheesy diced potatoes Diced tomatoes Vanilla wafer Peach cup 1 slice of bread