

Wesley Congregate Meals – June 2013

June 3	4	5	6	7
Chicken Teriyaki Brown Rice Oriental Vegetables Cauliflower Fresh Fruit Shortbread Cookie	Meatloaf w/Gravy Mashed Potatoes Succotash Apple Juice Goldfish Grahams 1 Slice of Bread	Breaded Chicken w/Gravy Diced Potatoes Spinach Mixed Fruit Cup Pop-Tart	Meatballs & Spaghetti Mixed Vegetables Apple Crisp Chewy Chocolate Chip Cookie 1 Slice of Bread	Pork Chop w/Gravy Stuffing Carrot Coins Green Beans Pineapple Cup Apple Juice Cereal Snack Pack
10	11	12	13	Flag Day! 14
Cheeseburger Lima Beans Sautéed Diced Potatoes Mixed Fruit Cup 2 Slices of Bread	Grilled Chicken Breast w/Mandarin Glaze & Brown Rice Diced Carrots Oriental Vegetables Grape Juice Pear Cup Goldfish Cheese Crackers	Lasagna Roll w/Meat Sauce Winter Mix Vegetables Green Beans Fresh Fruit Pudding Cup 1 Slice of Bread	Chicken Strips Peas & Onions Sweet Potatoes Pineapple Cup Oreos 1 Slice of Bread	Fish Patty w/Cheesy Rice Succotash Mixed Greens Raisins 1 Slice of Bread
17	18	19	20	Summer Begins! 21
Sloppy Joes Broccoli Cheesy Potatoes Fresh Fruit Fruit Roll UP 2 Slices of Bread	Salisbury Steak w/Gravy Sweet Potatoes Mixed Vegetables Mixed Fruit Cup Fig Cookie 2 Slices of Bread	Chicken Parmesan Linguini Green Beans Muffin Tropical Fruit Juice	Fish Sticks Macaroni & Cheese Spinach Orange Juice Cinnamon Applesauce 1 Slice of Bread	Hot Dog Baked Beans Peas & Carrots Pudding Fresh Fruit Cranberry Juice 1 Slices of Bread
24	25	26	27	28
Beef Stroganoff Wax Beans Carrot Coins Mixed Applesauce Doritos 1 Slice of Bread	Italian Chicken Rotini Noodles Green Beans Corn Mandarin Orange Cup Shortbread Cookie	Grilled Chicken Breast w/BBQ Sauce White Rice Scandinavian Vegetables Grape Juice Peach Cup Goldfish Cheese Crackers	Crab Cake Cream Corn Cheesy Potatoes Brussels Sprouts Cheese Crackers 1 Slice of Bread	Country Fried Steak w/Gravy Mashed Potatoes Peas Apple Juice Sugar Cookie 1 Slice of Bread