



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
BOX	1	2	3	4	5	
LUNC	<p>HAPPY LABOR DAY!</p>	Baked Chicken w/ Gravy Herb Dressing Broccoli Cauliflower Whole Wheat Bread/Margarine Strawberry Applesauce	Ham & Cheese Sandwich Potato Salad Coleslaw Whole Wheat Bread Peaches Mustard	Chili w/ Spaghetti Vegetable Medley (2 servings) Cheddar Cheese Saltine Crackers (2 pks) Pears	GRANDPARENT'S DAY CELEBRATION Country Fried Steak w/Gravy-9063 Potato Wedges Green Beans Dinner Roll / Margarine Fresh Orange Chocolate Cake (uniced)	
H						
CYCLE						
WEEK						
6				Newspaper Carrier Day - 1833		
BOX	8	9	10	11	12	
LUNC	Bar-B-Q Sauce with Shredded Beef Peas and Onions Peach Dessert Cole Slaw Bun	Roast Beef & Cheese Sandwich Swiss American Cheese 3-Bean Salad Potato Salad Whole Grain White Bread Mixed Fruit Horseradish	Closed for Boone County Senior Fair	Meatloaf w/Gravy Mashed Potatoes Carrots Dinner Roll / Margarine Orange Juice (100%) Angel Food Cake	Italian Sausage in Savory Tomato Sauce Spaghetti Italian Vegetables (2 servings) Wheat Dinner Roll / Margarine Applesauce	
H						
CYCLE						
WEEK						
7	International Literacy Day - 1965		Swap Ideas Day			
BOX	15	16	17	18	19	
LUNC	Roast Beef & Gravy with tater tots Broccoli (2 servings) Whole Wheat Bread / Margarine Apple Juice (100%) Animal Cookies	Hawaiian Pineapple Ham Sweet Potato Patties (2 ea) Peas Dinner Roll / Margarine Orange Juice (100%) Sponge Cake	Grilled Chicken w/BBQ Sauce-9049 Potato Wedges Broccoli with Cheese Bun Applesauce	Beef Taco Salad Lettuce, diced Tomatoes Shredded Cheese, Sour Cream Corn Peach Dessert Tortilla Chips Mild Taco Sauce	Baked Lemon Pepper Fish w/ Tartar Sauce Rice Vegetable Medley (2 servings) Fruit Cocktail Sponge Cake	
H						
CYCLE						
WEEK						
1	Make a Hat Day	American Legion Day - 1919	Constitution Day - 1787			
BOX	22	23	24	25	26	
LUNC	Spaghetti & Meatballs w/ Marinara Sauce Italian Vegetables Spinach / Vinegar Whole Wheat Bread / Margarine Peaches	Roast Turkey w/ Gravy Mashed Potatoes Vegetable Medley Dinner Roll / Margarine Applesauce Angel Food Cake	Summer Salad w/ Diced Eggs, Cheese, Grape Tomatoes, Broccoli Floret Saltine Crackers Pineapple Juice (100%) Animal Cookies Ranch Dressing	Southwestern Omelet w/Peppers, Onions Stewed Tomatoes O'Brien Potatoes Wheat Dinner Roll / Margarine Pears Graham Crackers	Pork Cutlet Red Skin Potatoes Vegetable Medley Whole Wheat Bread (2 pc) Margarine Petite Banana	
H						
CYCLE						
WEEK						
2	Elephant Appreciation Day	First Day of Fall		Rosh Hashanah	Native American Day	
BOX	29	30	SEPTEMBER is: Classical Music Month International Square Dancing Month National Piano Month Chicken Month Little League Month Self Improvement Month Better Breakfast Month Fall Hat Month			
LUNC	Turkey Mett w/ Sauerkraut Mashed Potatoes Green Beans Rye Bread (2 slices) Fruit Cocktail Mustard / Ketchup	Chicken Salad on a Bun Potato Salad Coleslaw Bun Mixed Fruit				
H						
CYCLE						
WEEK						
3		National Mud Pack Day				

Complete meal consists of: 3 oz. Protein, 2 servings of Vegetables (1/2 cup ea), 1 serving of Fruit (1/2 cup) or Juice (4 oz.), 2 servings of Bread/Starch, and 8 oz. Milk (1/2 pint)