



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BOX				1	2
LUNCH	Complete meal consists of: 3 oz. Protein, 2 servings of Vegetables (1/2 cup ea), 1 serving of Fruit (1/2 cup) or Juice (4 oz.), 2 servings of Bread/Starch, and 8 oz. Milk (1/2 pint)	Aug. 7, 1782 - Pres. George Washington creates the "Order of the Purple Heart"	Richard James, a naval engineer, originally developed the Slinky as an anti-vibration device for ship instruments in the early 1940s. But when it didn't work for the Navy, his wife decided it should be turned into a toy. They picked out the name and demonstrated it at Gimbels Department Store in Philadelphia in 1946. An hour and a half later, they had sold 400 Slinkys - and it went on to become one of the most successful toys of all time!	<b>Roast Turkey w/ Gravy</b> Mashed Potatoes Vegetable Medley Dinner Roll / Margarine Applesauce Angel Food Cake	<b>Rosemary Chicken</b> Red Skin Potatoes Vegetable Medley Whole Wheat Bread (2 pcs) Margarine Petite Banana
CYCLE	Aug. 1, 1790 - First U.S. Census is completed - 4 million people in U.S.	Aug. 14, 1945 - Japan Surrenders			
WEEK	Aug. 2, 1776, Formal signing of Declaration of Independence	Aug. 19, 1909 - Indianapolis Speedway holds it's first auto race.			
4	Aug. 6, 1890 - Cy Young pitches his first game (a win)	Aug. 21, 1959 - Hawaii becomes the 50th state			
BOX	5	6	7	8	9
LUNCH	<b>Smoked Turkey Sausage w/ Sauerkraut</b> Mashed Potatoes Green Beans	<b>Tuna Salad on a Bun</b> Potato Salad Coleslaw Bun	<b>Salisbury Steak w/Gravy</b> Parslied Potatoes Oregon Blend Vegetables Whole Wheat Bread / Margarine Peaches Animal Cookies	<b>Italian Chicken</b> w/ Marinara Sauce Spaghetti Turnip Greens / Vinegar Vegetable Normandy Cranberry Juice Sponge Cake	<b>Hamburger</b> Baked Beans Broccoli Swiss American Cheese Bun Pineapple Tidbits Mustard/Ketchup
CYCLE	Rye Bread (2 pcs) / Margarine Fruit Cocktail	Mixed Fruit			
WEEK	Mustard/ Ketchup				
5	1st Little Orphan Annie comic strip-1924	Wiggle Your Toes Day	National Lighthouse Day	"Daughters of the American Revolution" created-1890	Book Lover's Day
BOX	12	13	14	15	16
LUNCH	<b>Chili w/ Spaghetti</b> Vegetable Medley (2 servings) Cheddar Cheese Saltine Crackers (4 Crackers) Peaches	<b>Baked Chicken w/ Gravy</b> Herb Dressing Broccoli Cauliflower Whole Wheat Bread / Margarine Strawberry Applesauce	<b>Summer Salad</b> w/ Diced Eggs, Cheese, Grape Tomatoes, Broccoli Floret Saltine Crackers Cranberry Juice Animal Cookies Ranch Dressing	<b>Italian Sausage</b> Savory Tomato Sauce Spaghetti Italian Vegetables Pineapple Dessert	<b>Country Fried Steak</b> Potato Wedges Green Beans Fresh Orange Dinner Roll / Margarine Chocolate Cake
CYCLE					
WEEK					
6	Middle Child's Day	Left Handers Day	V-J DAY	Panama Canal is opened - 1914	HAPPY BIRTHDAY!
BOX	19	20	21	22	23
LUNCH	<b>Chicken &amp; Rice w/ Gravy</b> White Rice Broccoli Carrots Whole Wheat Bread / Margarine Pears	<b>Ham Sandwich</b> 3 Bean Salad Coleslaw Whole Grain White Bread Fresh Orange	<b>Meatloaf w/Gravy</b> Mashed Potatoes Carrots Whole Wheat Bread / Margarine Orange Juice (100%) Angel Food Cake	<b>BBQ Beef</b> Peas and Onions Cole Slaw Bun Peach Dessert	<b>Chicken Carmela</b> in Savory Tomato Sauce Spaghetti Italian Vegetables (2 servings) Wheat Dinner Roll / Margarine Applesauce
CYCLE					
WEEK					
7	Aviation Day	National Radio Day	Senior Citizen's Day	Be an Angel Day	National Tooth Fairy Day
BOX	26	27	28	29	30
LUNCH	<b>Pineapple Ham Steak - 9094</b> Sweet Potato Patties (2 ea) Peas Dinner Roll / Margarine Cranberry Juice Sponge Cake	<b>Classic Philly Sliced Beef w/ Peppers &amp; Onions</b> Potato Wedges Mixed Vegetables Swiss American Cheese Bun Fruit Cocktail	<b>Summer Salad</b> w/ Diced Eggs, Cheese, Grape Tomatoes, Broccoli Floret Saltine Crackers Cranberry Juice Animal Cookies Ranch Dressing	<b>Chicken Potato Casserole</b> Broccoli (2 servings) Whole Wheat Bread / Margarine Petite Banana Animal Cookies	<b>LABOR DAY CELEBRATION</b> <b>Backyard Burger</b> "Bonus" Baked Beans "Bricklayers" Broccoli "Champion" Cheese slice "BOF" Bun "Pipe Fitter's" Pineapple Tidbits "Coal Miners" Ketchup / "Machinist" Mustard "Electrician's" Chocolate Elf Cookies
CYCLE					
WEEK					
1	Women's Equality Day	Global Forgiveness Day	Race Your Mouse Day	More Herbs, Less Salt Day	