

...supporting the independence and dignity of older adults.

Florence Senior Activities Center

**7431 U.S. 42
Florence, KY**

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Hours of Operation

Monday Wed- Thurs & Friday

8:30 a.m.–3:00p.m.

Tuesday – 8:30 – 5

Center Manager

Gerri Herbert

Assistant Mgr.

Marty Herbert

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p><u>Available Every Day</u></p> <ul style="list-style-type: none"> • Cards • Puzzles • Walking Club • Corn Hole • Exercise Room • Board Games 	<p><u>Special Events in May</u></p> <p>13th – Senior Fraud & Scams 14th – Older Am. Month– Picnic 17th: - Florence Choir Concert 20 – 5:30 PM – Florence Freedom Game 26th – Memorial Day Parade</p>	<p>Sign up to participate in the Senior Games 5/12 – 5/22 Located in Ft. Thomas and Florence</p>	<p>1. 10:00 – Zumba Gold 11:00 – Cards /Canasta 11:30 –Line/Dance Instruct 12:00 – Line Dancing 1: 00 – Mah-Jong</p>	<p>2. 9:30 - Bridge 11:00 – Mah-Jong 11:00 Tai-Chi 12:00 – Aging in Place 12:30 – Bingo</p>
	<p>5. 9 AM – Yoga Stretch 10:00 – Fitness Trainer 11:00 – Fun & Fitness 11:00 - Crafts 11:00 - Scrabble</p>	<p>6- 10:00 – Senior Strength 11:00 – Fitness Trainer 11:00 –Cards / Canasta 1:00 – Art Lessons 1:00 – Mah Jong 4:00 - Zumba</p>	<p>7. 9:30 – Tai-Chi 10:00 - Massage 12:30 - Bingo 12:30 – Gentle Yoga</p>	<p>8- 9:30 – Hair Cuts 10:00 - Zumba Gold 11:00 – Cards / Canasta 11:30 – Line Dance Instruct 12:00 - Line Dancing 1PM – Mah-Jong 4:PM – Pot Luck Bingo</p>	<p>9 11:00 – Mah-Jong 11:00 Tai-Chi 12:30 – Bingo</p>
	<p>12 9 AM – Yoga Stretch 10:00 – Fitness Trainer 11:00 – Fun & Fitness 11:00 - Crafts 11:00 – Mexican Train Dominos 12:00 – Crafts with Debbie</p>	<p>13 10:00 - Senior Strength 11:00 – Fitness Trainer 11:00 – Senior Fraud 11:00 – Canasta 1:00 – Art Lessons 1:00 – Mah Jong 4:00 - Zumba</p>	<p>14 – Older American Month – Picnic at Big Bone Lick St. Pk.</p>  <p>Center Closed to all other Activities</p>	<p>15– 10:00 - Zumba Gold 11:00 – Canasta 11:30 – Line Dance Instruct 12:00 - Line Dancing 1PM – Mah-Jong</p>	<p>16 11:00 – Mah-Jong 11:00 Tai-Chi 12:30 – Bingo 12:00 – Aging in Place 1:00 –</p>
	<p>19-. (Commodities) 9 AM – Yoga Stretch 10:00 – Fitness Trainer 11:00 – Fun & Fitness 11:00 - - Crafts</p>	<p>20 –10:00 – Senior Strength 11:00 – Fitness Trainer 11:00 – Canasta 1:00 – Art Lessons 1:00 – Mah Jong 5:30 – Florence Freedom Game</p>	<p>21 9:30 – Tai-Chi 10:00 - Massage 12:30 - Bingo 12:30 – Gentle Yoga 1:00 – Florence Police Dept.</p>	<p>22 – 10:00 - Zumba Gold 11:00 – Canasta 11:30 – Line Dance Instruct 12:00 - Line Dancing 1PM – Mah-Jong</p>	<p>23 11:00 Mah Jong 11:00 Tai-Chi 12:30 – Bingo 1:00 – Snr. Commodities Prog.</p>
	<p>26 Center Closed</p>  <p>Sign up and Join us and march with your Center in the Florence Memorial Day Parade.</p>	<p>27 10:00 – Senior Strength 11:00 – Fitness Trainer 11:00 – Canasta 1:00 – Art Lessons 1:00 – Mah Jong</p>	<p>28 9:30 - Tai-Chi 12:30 - Bingo 12:30 – Gentle Yoga 1:00 –</p>	<p>29 10:00 - Zumba Gold 11:00 – Canasta 11:30 – Line Dance Instruct 12:00 - Line Dancing 1PM – Mah-Jong</p>	<p>30 11:00 Mah Jong 11:00 Tai-Chi 12:30 – Bingo</p>