

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cincinnati Chili w/ Spaghetti Shredded Cheese Peas and Onions Sliced Carrots Oyster Crackers Cranberry Juice Peanut Butter Cup	2 Grilled Chicken Breast Gravy Stuffing Diced Potato w/Cheese Shortbread Cookie Cinnamon Apple Sauce 1 Slice of Bread	3 Ham Cauliflower w/Peppers Sweet Potato Fresh Fruit Cheese Balls Grape Juice 1 Slice of Bread	4 Hot Dog Cincinnati Chili Lima Beans Vanilla Pudding Apple Juice Pear Cup 1 slice of Bread	5 Diced Chicken Sweet/Sour Sauce Brown Rice Broccoli Cruller Donut Cereal Bowl Orange Juice
8 Meatballs w/Gravy w/Mushrooms w/Diced Onions & Elbow Noodle Broccoli Lima Beans Tropical Juice Pear Cup 1 Slice of Bread	9 Pork Chop Sweet Mashed Potatoes Broccoli Pineapple Cup 2 Slices of Bread	10 Breaded Breast Brown Rice Peas Fresh Fruit Mixed Fruit Cup 1 Slice of Bread	11 Italian Chicken White Rice Spinach Fruit Bar Peach Cup Apple Juice One Slice of Bread	12 Hamburger Patty Sliced Carrots Apple Crisp Doritos Tomato juice 2 slices of Bread
15 Ribs Corn Peach/Blueberry Crisp Peanut Butter Cup Fresh Fruit 2 Slices of Bread	16 Chicken Strips Spinach Diced Potato Oatmeal Cookie Fresh Fruit 2 slices of Bread	17 Taco Meat Brown Rice Black Beans Peas Diced Tomatoes Mandarin Orange Cup Tortilla Chips	18 Meatballs w/Marinara Spaghetti Broccoli Peach Crisp Apple Juice 1 slice of Bread	19 Country Steak Gravy Diced Beets Cinnamon Apple Slices Grape Juice 2 slices of Bread
22 Sliced Turkey Gravy Stuffing Spinach Peach Crisp Cheese Balls Apple Juice	23 BBQ Pork Brown Rice Broccoli Green Beans Rice Krispy Treat Tropical Juice	24 Meatloaf Gravy Diced Potato Peas Mandarin Orange Cup Cranberry Juice 1 Slice of Bread	25 Turkey Mett Sauerkraut Mash potatoes Green Beans Pineapple Cup Goldfish Pretzels 1 Slice of Bread	26 Salisbury Steak Linguini Beef Broth Diced Carrots Fruit Cocktail Cranberry Juice 1 Slice of Bread
29 Hot Dog Cincinnati Chili Lima Beans Vanilla Pudding Apple Juice Pear Cup 1 slice of Bread	30 Diced Chicken Sweet/Sour Sauce Brown Rice Broccoli Cruller Donut Cereal Bowl Orange Juice	31 Cincinnati Chili w/ Spaghetti Shredded Cheese Peas and Onions Sliced Carrots Oyster Crackers Cranberry Juice Peanut Butter Cup	September 1 Grilled Chicken Breast Gravy Stuffing Diced Potato w/Cheese Shortbread Cookie Cinn/ Apple Sauce 1 Slice of Bread	2 Ham Cauliflower w/Peppers Sweet Potato Fresh Fruit Cheese Balls Grape Juice 1 Slice of Bread



2016

Home Delivered HOT Meals
Congregate Sites Only
August 2016

2% milk, skim milk, chocolate milk,
or cheese available.
White or wheat breads are
available. Margarine provided.
Wesley uses fresh herbs and spices
in their meal preparation.
Mrs. Dash is available upon
request.

**Your order may contain
substitutions sometimes based on
product availability.**

**PLEASE NOTE WE WILL BE
UPDATING THE MENU SOMETIME IN
AUGUST. WE WILL SEND YOU A NEW
AUGUST MENU WHEN THIS IS
COMPLETED.**